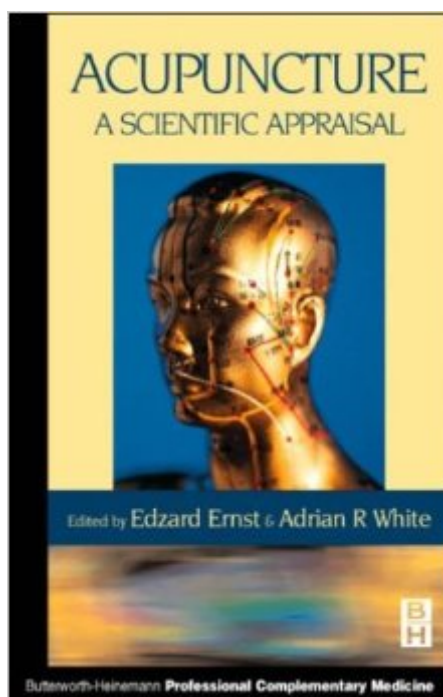


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# Acupuncture: A Scientific Appraisal, 1e



## Synopsis

A new text examining acupuncture from a scientific standpoint. Related titles in the growing Butterworth Heinemann list include: 'Complementary Medicine: an objective appraisal' and 'Homoeopathy: a critical appraisal', both of which also originate from the Department of Complementary Medicine at the University of Exeter. This thought-provoking new book provides a critical evaluation of the discipline, reviewing known facts, defining current knowledge gaps and formulating several interesting challenges for the future. The book

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This book examines the REAL basis for acupuncture. If you want to understand the physiology, this book will point you in the right direction.

For any one who has any doubts about the efficacy of acupuncture, this is the book to read to put those doubts to rest. This is a collection of six well-documented articles on acupuncture including its history, practice in the West, analgesic effects, effects on the circulatory and immune systems, clinical effectiveness and adverse effects. The authors include well-known practising acupuncturists some of whom are also MDs and affiliated to respected institutions such as Harvard Medical School. References to the articles include fairly recent research from publications such as the Lancet and the British Medical Journal, as well as Chinese literature. This book leaves little doubt that acupuncture stands up to both the test of time (some 3000 years) as well as modern rigorous

scientific evaluation and is a beneficial complement to Western medicine.

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